

# Why Do We Fear?



I see myself as one who is confident and able to do much. As soon as I think those thoughts, I remember the things I am up against in this world and I feel like a little child, fearing dangers that loom in the darkness. It's as if there are wolves wanting to devour me, tearing my flesh from my body; fear reins as my dominate though.

As a professed spiritual man who claims Jesus Christ as my personal savior and the teaching found in the Holy Bible, I wonder why it is that I ever fear anything. After all, doesn't it say in Hebrews that we are not to fear what man can do unto us? That Christ had overcome death when he rose from the grave three days after crucifixion and that all that claim him as savior and lord of their lives will never die but have everlasting life?

But even though I understand and believe all of that, there is a part of me, that on occasion, fears much. Even things that I can not see in the present. Then again, there are those who are not spiritually born again and appear to fear little. They rely, rather, on material things of this world and self.

Those are two opposing views, are they not. One that never thinks about thing such as failure and death, who doesn't know God and one who knows God and fears all the time. I guess the question that needs to be asked of believers is "where is your faith"?

The reason the believers fear is that they forget and take their eyes off of Jesus. Remember when Peter walked on the water as the Bible teaches in Matthew Chapter 14:28-30 that when his only thought was fixed on Jesus he was able to walk on the water... that is was only when he realized his surroundings, the wind and roaring waves that he began to sink. The lesson is clear. As long as we keep our eyes on Jesus we need not fear anything because we are no longer relying on self and our own limited power. Rather, we rely on Jesus and his power which is unlimited... even in overcoming death.

Now we are not perfect creatures... sinful by nature. There is little doubt that we will have times when we are fearful. The solution, remember Peter walking on the water and return to the Lord in prayer and watch your fears go away.